Local Wellness Policy Wellness Activity Report

School/Facility: Burch Elementary

Date Activity Took Place: 2010-2011 School Year

Name of Activity: Fresh fruit & vegetables grant

Person in Charge: Paula Brown and Pam Jarrell

Target Population: <u>Pre K- 6th grade students</u>

of Participants: 540 students

Description of Activity:

Every Tuesday and Thursday students were given different types of fruit or vegetables to try. Teachers discussed with students or had them research the particular fruit/vegetable for the week. This was an opportunity to expose students to new foods, increase students consumption of fruits/vegetables, create a healthier school environment, along with helping to make a difference in students diets towards a healthier way of life.

Comments/Evaluation/ Was this activity successful? Yes X No Will the

activity continue or expand to other schools? Explain.

Fresh Fruit & Vegetables will be implemented for 2011-2012 school year at BES

Paula L. Hinkle Brown Person Submitting Report

<u>Principal</u> Job Title <u>June 3, 2011</u> Date